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## Use of Emotional Intelligence to Create A Positive Work Environment for Continued Career Success

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### Abstract

In today's rapidly changing world, the cultivation of emotional intelligence (EI) in youth is paramount for their overall well-being and success in various aspects of life. Emotional intelligence (EI) is increasingly recognized as a crucial skill set for navigating the complexities of the modern workplace. In today's dynamic and competitive workplace landscape, emotional intelligence (EI) has emerged as a critical factor in fostering a positive work environment conducive to long-term career success. By prioritizing EI in schools and educational institutions, we can empower young individuals with the essential skills and competencies needed to navigate life's challenges with resilience, empathy, and self-awareness. Through a review of existing literature and real-world examples, this paper provides insights into the practical applications of EI in various workplace scenarios for professionals seeking to thrive in their careers. It also discusses strategies for developing and enhancing EI skills to promote personal and professional growth and explores the significance of emotional intelligence (EI) in fostering a positive work environment conducive to long-term career success. It examines the impact of EI on individual performance, team dynamics, and organizational culture. By emphasizing the significance of EI development and its integration into organizational practices, this paper advocates for a holistic approach to talent management aimed at nurturing EI competencies for continued career advancement. Through investing in EI development, companies can create an environment that fosters employee engagement, retention, and ultimately, sustained career success. Ultimately, this abstract underscore the transformative power of emotional intelligence in shaping workplace dynamics and propelling individuals towards long-term professional fulfillment and success.

**Keywords:** Emotional intelligence (EI), workplace, positive work environment, leadership effectiveness, employee engagement, conflict resolution, change management, customer relations, stress management, performance management, decision-making, self-awareness, self-regulation, social skills, emotional contagion, organizational culture, team dynamics, resilience, empathy